



Allegra Denehy, LCSW
Licensed Social Worker



Ms. Denehy earned a Bachelor's degree in psychology from Clark University and a Master's degree in social work from Boston College. She has a wide range of experience, including working with children, adolescents, and adults with anxiety, depression, trauma, and addiction. She has expertise in working with individuals with autism and other developmental disabilities throughout the lifespan. She has additional training from the Department of Developmental Services focused on family leadership and advocacy.

- Cognitive Behavioral Therapy
- Dialectical Behavior Therapy Skills Training
- College Preparation & Coaching
- Special Education Advocacy Services
- Parent Support & Service Navigation
- Monthly Parent Support Groups